

HOW DO I APPLY?

Visit www.kiwifamilytrust/register-now for an enrolment form, including a printable version. * You can also get your support worker to help Complete and submit your application package, with:

- all supporting documentation
 - \$240 non-refundable fee
- www.kiwifamilytrust.org/apply

**Note: If you struggle with reading and writing skills , talk to us and we might be able to help you feel more comfortable with the program format. If you are vision impaired or have a disability that might compromise your ability to comfortably complete the course/program - talk with us to see what we can do to support you.*
barb@kiwifamilytrust.org

POST COURSE OPPORTUNITIES &

Employment opportunities



Access to an exclusive support group online



Completion Certificate



6 free mentoring sessions after completion of a course/program

COME AND LEARN WHAT
MAKES YOU, THINK - FEEL - ACT

Positive thinking by itself does not achieve worthwhile and lasting changes, but by thinking the 'thought' and then by taking the right steps or action, you can achieve great success in all areas of your life.

Register Today:

www.kiwifamilytrust/register-now

Providing training and educational programmes to promote the health and welfare of children, youth, young adults and family/whanau throughout New Zealand.



YOUTH
services

16 - 25 year olds

The Journey

Begins with you



SCAN ME



0508 54 3375

ABOUT US

*Mind Matters gives you **straightforward, career-focused and practical life skills** from a holistic and empathetic mindset, until your completion and beyond.*

- *We offer **in-depth training programs** that combine practical experience with a life skills learning foundation for developing your career and finding*
- *Our **900+ participants** help ensure that you will have a number of networking and experiential learning opportunities.*
- *we are located at :*

*39 Nursery road, Philipstown Hub,
Room 3, Philipstown, Christchurch 8011
for a **great learning experience.***

0508 54 3375

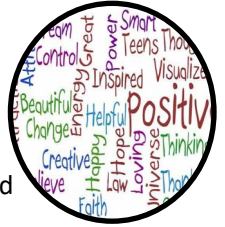
- Have you been struggling with consistent motivation and getting organised mentally and emotionally in life.
- Do you want to know what your communication style is and how others communication can affect how you feel, would you benefit from learning how to communicate with people in your family confidently
- Would you like more support in helping you to identify what's holding you back from achieving your goals and having a positive team of support to help you as you move forward.



Over the 3 day program we cover many skills that will help you to feel more confident. By saying goodbye to guilt and shame and discover that your worth 'it' Learning to value yourself one more.

Empowering Positive Change

Learn how to set goals for your day to day life as well as your future. Learn what holds us back, find your self and learn in a group of diverse people.



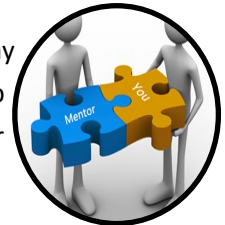
School Leavers

Helping young people discover their direction in life, unpack some of the challenges and move forward with confidence and new personal skills.



Mentoring

Learn how to get organised and stay focused using new skills that will help you prioritise tasks. We mentor families, individuals and youth .



Support Service

You might need help navigating social services, seeking advice or need a support person to work with you as you move forward. We support individuals and youth, one on one, weekly or bi weekly in person or over zoom.

